

Identify ways to take initiative within a team

- Identify how to build and work in a team
 - Identify ways to build communication within a team
 - Define time management within a team
- Identify benefits of working as a team
- Identify how to work with diverse co-workers (based on culture, race, age, gender, religion, lifestyle, viewpoints, etc.)
- Identify how to manage conflict with co-workers

4. Digital Technology

- Identify which digital technologies are used in your workplace
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- Maintain composure regarding your emotions
- Identify skills relevant to the internship that you would like to develop
Demonstrate initiative when you would like to work on projects (to develop your identified desired list of skills) or don't have enough to do

7. Career Management

- Identify and articulate your skills, strengths, and knowledge you will use at your internship
- Identify areas for growth relative to the internship you will be performing and

These competencies are:

- Exercise sound reasoning to analyze issues, make decisions, and overcome problems. The individual is able to obtain, interpret, and use knowledge, facts, and data in this process, and may demonstrate originality and inventiveness.
- Articulate thoughts and ideas clearly and effectively in written and oral forms to persons inside and outside of the organization. The individual has public speaking skills; is able to express ideas to others; and can write/edit memos, letters, and complex technical reports clearly and effectively.
- Build collaborative relationships with colleagues and